



Alternative Provision Listing.

NAME OF ORGANISATION

The Way of the Horse

PLEASE DESCRIBE YOUR ORGANISATION

We help children with stress, anxiety and trauma. Our programs have a unique way of helping school children who might be feeling overwhelmed at being in the school environment. We use horses to create a safe and friendly space where kids can learn in a non-judgemental way to communicate and learn personal development tools to calm their nervous system and learn to regulate and co-regulate, which is essential for learning in schools. The horses help the children become confident, learn new skills of communication and understand better understanding of things like boundaries, connection and empathy. The curriculum is based around understanding equine behaviour, care and interaction. The sessions are based around cultivating self-awareness and are taught in a different way to the traditional environments that teach horse-riding because we work with a team of therapy horses. We suggest between 6 and 12 weeks for the step-by-step approach for the children for our programs.

AGE RANGE OF PROVISION

8-16

PLEASE TELL US ABOUT COSTS PER LEARNER

Our Programs are called Hoof Steps to success (formerly I CAN DO) one-to-one £85ph for one hour. Wellness programs for Group sessions are 6-8 children for 1.5 hours with 2 facilitators £325.00. These are 6-12 week programs for young people structured differently so each week they will learn new tools to manage their stress and anxiety. Our programs are a mixture of education and hands-on with the horses.

PLEASE DESCRIBE YOUR OFFER.

Our programs are structured, practical and valuable lessons that will help with their day to day living.

WHO SHOULD WE CONTACT,

Dina Shale, Founder or Lia, Head of children's services or Sacha, Yard Manager

ADDRESS AND POST CODE

The Way of the Horse OurLand Stud Stemborough Lane Leire LE17 5EY

EMAIL AND PHONE NUMBER(S) AND WEB SITE ADDRESS. (PLEASE NOTE WE WILL LINK OUR SITE TO YOUR WEB SITE IF YOU GIVE US THIS INFORMATION)

info@thewayofthehorse.co.uk 077142 69218

ADD ANY FURTHER COMMENTS

Please email us for our program handouts or give us a call to talk about the benefits and changes we make in childrens lives.

Sep 23